For nation's blood supply

Red Cross seeks help

The American Red Cross, responding to a recent slump in blood donations around the country, issued a call this week for healthy donors to help save lives by keeping the nation's blood supply strong.

Dr. Alfred J. Katz, Executive Director, American Red Cross Blood Services, said, "The organization's unusual 16.4 percent drop in blood collections has occurred for a variety of reasons including economic conditions, the weather, vacations, and misinformation about AIDS (Acquired Immune Deficiency Syndrome)."

In a survey of 43 Red Cross Regional Centers among the organization's network of 57 throughout the nation, declines showed up in about 26 cities including Chicago, Detroit, Philadelphia and Boston.

"Misinformation about AIDS," Katz stated, "is a problem in itself. Recently some people have not donated blood because they fear infected needles. This is not a problem because both needles and donation bags are used only once and then thrown away. In other words, you cannot get AIDS from casual contact.

"Some people," Katz said, "want to give directed donations, a practice where patients needing transfusions select their own blood donors. This is unnecessary. Patient directed donations create an illusion of additional protection where none exists. We believe that giving blood through community volunteer programs assures the safest, healthiest blood supply for Americans."

Red Cross, which collected more than 5.9 million units of blood last year, reported that misinformation about AIDS has led to widespread concern about the possiblity of contracting AIDS through blood transfusions.

"The facts do not justify these concerns. Data accumulated over the last three years indicate that the chance of getting AIDS through blood transfusions is one in a million," Katz said.

The American Red Cross is the nation's largest supplier of voluntarily donated blood. Dr. Katz thanked those healthy Americans whose blood donations continue to save millions of lives each year.

Contel seeks cooperation

Businesses, homeowners and anyone planning to excavate should first locate underground utility cable by calling "Miss Utility."

Excavators should call toll-free 1-800-552-7001 48 hours before digging in the following exchanges: Amherst, Appomattox, New Castle, Raphine, Paint Bank, Pamplin, Newport, Sweet Briar, Allwood and Gladstone.

According to Spence Kiser, superintendent - telephone services, by law, if you damage plant knowingly, or without calling the utilities, you must pay for the damage. The law does exempt the Virginia Department of Highways for routine maintenance such as patch pavement.

"Homeowners, as well as businesses that must dig, should pay heed to the law," said Kiser. "For their own safety, they should call Miss Utility if they plan to dig or garden in their yards."

In spite of the precautions, Kiser notes cables do get cut. Not only are cable cuts inconvenient and expensive, they mean that people are cut off from the police, fire departments and other emergency services.

"We like to bury cable whenever we can," said Kiser. "In fact 80% of all new cable goes underground. it usually requires less maintenance and is better protected from storms, car accidents and stray shots of hunters."

Cable routes are clearly marked with metal spikes. The green pedestals along the road mark the places where cable comes out of the ground.

Disease affects 31 million

Revco funds arthritis research

Revco thinks it's time to take arthritis seriously. One in every seven Americans has arthritis, over 31 million people in all. And this terrible crippling disease claims more than one million new victims every year. Apart from the pain and suffering, arthritis costs our nation $14 billion in medical bills and lost wages.

Unfortunately, at the present time there is no known cure for arthritis. Doctors say that the greatest hope for a solution to this serious problem is in research.

In a precedent-setting move, Revco, the nation's largest drug chain, donated $500,000 in 1981 to establish the Revco Arthritis Research Center at Case Western University in Cleveland, Ohio. Under the direction of reknowned rheumatologist Dr. Roland Moskowitz, the staff of the Revco Arthritis Research Center is on the threshhold of dramatic new answers to the causes and possible cures of rheumatic diseases, such as rheumatoid and osteoarthritis, ankylosing spondylitis and lupus.

In addition to encouraging scientists to pursue arthritis research, Revco believes that the public needs to learn more about the arthritis problem and how it affects almost every American family. To accomplish this goal, Revco has developed a series of public information pamphlets in cooperation with the National Arthritis Foundation. The first in the series talks about the national scope of the problem and the work of the Revco Arthritis Research Center. It is currently being distributed to the information centers of over 1660 Revco stores in 28 states. In subsequent months pamphlets covering arthritis warning signs, answering common questions and outlining the most common types of rheumatic diseases, will be introduced into Revco stores across the country.

Copies are available by writing to: Public Relations, Revco D.S., Inc., 1925 Enterprise Parkway, Twinsburg, Ohio 44087.

Rules for IRS examination

Individuals who wish to take the 1983 Internal Revenue Service Special Enrollment Examination must have their applications postmarked no later than August 15, 1983, the IRS said. No extensions of time to file for the examination will be granted.

The examination will take two days: Monday and Tuesday, October 3 and 4, 1983. It is given annually in each district to individuals other than attorneys or certified public accountants. Individuals who pass the examination may apply for enrollment to practice before the IRS.

The application fee is $50 for those taking all four parts of the examination, and $40 for prior-year examinees taking fewer than four parts. All checks or money orders must be made payable to the Internal Revenue Service.

Those interested in taking the examination should obtain the Special Enrollment Examination Application Packet from the Richmond IRS office. The packet includes the requirements for enrollment and for taking the examination. The examination will include true or false, multiple choice, and problem-type questions.

The packet includes:

Form 2587, Application for Special Enrollment Examination; Publication 486, Requirements for IRS Enrollment and Special Enrollment Examination; Publication 693, Special Enrollment Examination Questions and Answers–Sample Booklet; Publication 1140, Special Enrollment Examination Background Material for Applicants; Treasury Dept. Circular No. 230, Regulations Governing the Practice of Enrolled Agents; Publication 1183, Rules for Tax Return Preparers; Form 4190A, order form for requesting Special Enrollment study material.

The Special Enrollment Examination Application Packet can be ordered by writing to the Internal Revenue Service, Public Affairs Office, P.O. Box 10049, Richmond, Virginia 23240.

Local man on Dean's List

Raymond Keith Dickerson of Route 1, Pamplin, has been named to the Dean's List for the last two quarters at Virginia Tech.

The Dean's List is composed of students who have earned a grade-point average of 3.4 or better on a 4.0 grading scale.

Dickerson, the son of Raymond and Nancy Dickerson is a risiner junior at Virginia Tech and is majoring in accounting.

Support group to meet July 19

Someone I Used To Know will be the film featured at the next meeting of the Alzheimer's Disease and Related Disorders Association (ADRDA) for Central Virginia, scheduled for Tuesday, July 19 at First Presbyterian Church - Peakland at 3 p.m.

Alzheimer's Disease is a disorder of the nervous system which has only recently been identified as an individual disorder. The symptoms are almost identical to those commonly associated with senility, and until recently, were believed to be a manifestation of hardening of the arteries.

Recent research, however has indicated that the symptons -- forgetfulness, loss of contact with reality, and in advanced stages the inability to recognize family members -- represent in some cases a disease unto its own.

Approximately 40,000 Alzheimer's Disease victims have been identified in Virginia already. There are approximately 150 families participating in the Central Virginia support group.

The First Presbyterian Church - Peakland is located off Rivermont Avenue on the V.E.S. Road. Interested persons are invited to attend the July 19 meeting.

FOOD WORLD Quality...Since 1917

Food World Fruit

Seedless White Grapes Thompson California Lb. 99¢
Red Cardinal Grapes California Lb. 99¢
Santa Rosa Plums Lb. 69¢
California Nectarines Lb. 69¢
Avocadoes or Kiwi Fruit Your Choice Ea. 39¢
Florida Mangoes 14 Count Ea. 69¢

SAVE 50¢ Lb. Whole Pork Loins Swift's 14 to 17 Lb. Avg. Cut Free Into Roasts & Chops Lb. 99¢
SAVE 50¢ Lb. Pork Chops 1/4 Loin Sliced Into Chops Lb. 1.49
SAVE 30¢ Lb. Turkey Breast House of Raeford Grade A Self Basting 4 to 6 Lb. Avg. Lb. 99¢
SAVE 60¢ Lb. Country Hams Jamestown Whole, Sliced Free Lb. 1.39
SAVE 20¢ SLICED BACON Sliced Bacon Food World 12 Oz. Pkg. 1.19

Offer good through July 17, 1983 in Appomattox Food World's Only! None sold to Dealers. We Reserve the right to limit quantities.

Half Pork Loin Swift, Sliced Loin Lb. 1.39
Rib Half Loin Pork, Swift Lb. 1.19
Country Ham 1/5 Sliced, Store Sliced Lb. 1.99
Country Ham Head N Serve, Smithfield Water Cut, 8 Oz. Pkg. 2.79
Pork Sausage Gwaltney, Hot or Mild Lb. 1.39
Bologna Gwaltney, 8 Oz. 89¢
Lunch Meats 8 Oz. Pkg. Beef Bologna, Spiced Luncheon, Solami, P.P. Sause, Liver Loaf, Sliced, Gwaltney 99¢
Country Ham Smithfield, Regular Sliced, 12 Oz. Pkg. 2.99
Chicken Patties Breaded, Got-Cuts, 2½ Lb. Pkg. 4.49
Pepperoni Hormel, (Twin Pk. Stick 1.29) 3½ Oz. Sliced 99¢
Pepperoni Hormel, 6 Oz. Pkg. Chunk 1.59
Pork Back Bones Market Style, Fine For Grilling Lb. 1.39
Pork Chops 1st Cut Loin, Lean & Meaty Lb. 1.89
Lamb Shanks Fine for Stew Lb. 1.79
Spiced Luncheon Food World, Sliced, Imported, 15 Oz. Pkg. 1.99
Fresh Turkey Parts Necks, Wings, Drumsticks, Louis Rich Lb. 69¢
Smoked Sausage Or Kielbasa, Regular Hillshire Farm Lb. 2.39
Braunschweiger Chub, Kahn's Lb. 1.39
Flounder Fillets Fresh, Never-Frozen Lb. 2.49

SAVE 20¢ Lb. Great Dogs Gwaltney Chicken Frankfurters Lb. 89¢
SAVE 30¢ Pkg. franks Meat Franks Gwaltney (Beef 1.29) 12 Oz. Pkg. 99¢
SAVE 20¢ Lb. Teen Franks Valleydale Lb. 1.69
SAVE 20¢ Lb. Breast Quarters Holly Farms Grade A Lb. 79¢
SAVE 10¢ Lb. Whole Flounder Fresh-Dressed Never-Frozen Lb. 1.19

We Have Nationally Known Brands, Plus Delicious "Food World" Products!

From Our Deli Kitchens
Cooked Ham Smithfield Lb. 1.99
Roast Beef Cooked Lb. 3.99
Turkey Breast Cooked Lb. 2.99
Swiss Cheese Delicious Lb. 2.99
Gallo Premium Rhine Wine, Chablis Blanc, Red Rosi 1.5 Liter 3.69
Food World Milk Food World Homogenized 1.89
Food World WhiteBread 24 Oz. Loaf Enriched 43¢
SAVE 20¢ Cheese Food Kraft, 12 Oz. Single Wrap American 1.59

Does the moon affect crops?

It's that time of year when novice and green-thumb gardeners tend their plants with hopes of growing fresh, good-tasting vegetables.

But when is the best time to plant crops?

According to Grace Edwards, an English professor who teaches folklore classes at Radford University, many gardeners till the soil and plant crops according to the sign of the moon, an old custom practiced in Europe and brought to Appalachia by settlers in the early 1700s.

By planting when the sign is right, Edwards said, gardeners who follow this practice feel that they will have a higher crop yield and better-tasting vegetables. When these gardeners have a good growing season, she added, it reinforces their belief in planting crops by moon signs.

Each day is governed by a different Zodiac sign and this, says Edwards, should also be considered when planting by the moon.

According to superstitution, gardeners should plant in the feminine, fruitful signs such as Cancer, Pisces or Scorpio and not on days when the Zodiac is in the barren or masculine signs of Leo, Gemini or Virgo.

Root crops, including carrots and potatoes, should be planted in the dark of the moon, often called a waning moon. This is the portion of the cycle from full to new moon, said Edwards. "Planting at this time is best because the moon's edges appear to be pointing down toward the ground causing crops to mature deep within the soil,' she added.

Crops that grow above the ground should be planted in the light of a waxing moon, the cycle between a new and full moon when its edges appear to be pointing up. These crops are said to produce well and have excellent flavor.

For more information about planting crops by moon signs, Edwards said persons should refer to the Farmer's Almanac.

AARP plans meeting

The regular monthly meeting of the American Association of Retired Persons will take place July 19 at noon in the Pamplin Charge United Methodist Church.

Starting off the program they will have a pot luck luncheon followed by a brief meeting. Then slides will be shown by Glenn McClenny, a travel-log of his trip to Chicago.

Mr. Glenn McClenny is the oldest son of Robert and Laura McClenny of Pamplin. He is a recent graduate of Appomattox High. Based on his agriculture achievement record he was a state winner and went to Chicago for the National meeting. He has served as president of 4-H and president of the area F.F.A. senior division. He has won many awards in agriculture and will attend Virginia Tech this fall.

Swimming classes start soon

Plans are complete for an American Red Cross-certified swimming lessons program this summer, according to Julie Coffman, of the Appomattox County Recreation Department.

Through a cooperative agreement with the Holiday Lake 4-H Camp, the Appomattox County School Board and the recreation department, county citizens will have the opportunity to participate in a variety of swimmning classes this summer at the 4-H camp pool.

Jill Franklin, a basic swimming instructor, will teach classes for toddlers, beginners and intermediate swimmers. Successful participants will receive an American Red Cross certificate.

The classes are offered at no charge, but there will be a $10 fee for transportation by bus to and from Holiday Lake. The classes will be taught from 12:30 p.m. to 1:30 p.m. for a period of two weeks.

The following courses will be offered the next two months:

Intermediate swimming - age 8 and up - 12:30 pm. to 1:30 p.m., July 18-28. This course will teach students the elements of good swimming. The bus will be at Triangle Plaza Shopping Center at 11:45 a.m. and will leave promptly at noon. All swimming students must ride the bus to and from the pool.

Toddler's class - ages 3-5 - 12:30 p.m. - 1:30 p.m., Aug. 1-11. Students will be introduced to basic swimming skills. Parents are welcome to ride along, but are not required to get in the water.

Beginner's Class - age 6 and up - 12:30 p.m. to 1:30 p.m., Aug. 15-25. This course will equip students with basic water safety skills and knowledge in order to make them reasonably safe while in, on or around the water.

Family swims will be offered Tuesdays and Thursdays, from July 19 to Aug. 18, from 5:30 p.m. to 7 p.m. A parent must accompany each child. The fee will be $10 per family.

The bus for the family swim will be at Triangle Plaza Shopping Center at 4:45 p.m. and will leave at 5 p.m. All families must ride the bus.

To register for these classes call Bob Hudson at 352-2645 from 8 a.m. to noon, or Jill Franklin at 352-5155 from 6 p.m. to 9 p.m.

Any adults interested in an evening adult beginners class, please call Bob Hudson at 352-2645 from 8 a.m. to noon, or Jill Franklin at 352-5155 from 6 p.m. to 9 p.m.

Waste violations may be reported toll-free

Virginia public health officials announced this week that a 24-hour, toll-free number has been established for the reporting of violations of hazardous waste management regulations.

Anyone who suspects that illegal dumping has occurred at a site, or who believes that hazardous waste materials may be contaminating their environment can call 800-552-2075 in Richmond to report the situation. The staff of the Virginia Department of Health's Bureau of Hazardous Waste Management will respond to these complaints and cooperate with local, state and federal agencies in investigating and solving reported problems.

The number is not intended for receiving reports of emergencies. Emergency incidents--such as toxic spills, fires, explosions or accidental chemical releases--should be reported at once to local fire or police authorities.

The purpose of this 24-hour toll-free number is to offer Virginians the opportunity to identify environmental problems in their communities involving possible hazardous waste violations.

Although reports can be made anytime, experts will be available to answer questions week days between 8 a.m. and 5 p.m.

Scott Insurance announces merger with two companies

A merger of Acree, Bailey & McCarthy's insurance department with Scott Insurance became effective on July 1.

The announcement of the merger agreement between the two firms was made jointly by Maurice McCarthy, president of Acree, Bailey & McCarthy, and Bob Nein, Scott president.

McCarthy said the move would give customers the advantage of the combined resources and expanded services of the two agencies.

Personnel joining the Scott staff include William A. (Sandy) Carrington, Jr., Howson C. Bailey, Jr. and R. Steven Reinhardt.

Scott, founded in 1864, is a general insurance agency headquartered in Lynchburg with main offices on Langhorne Road. The firm has branch offices in Altavista, Rustburg, Madison Heights and Timberlake. Fulcher Insurance of Danville and Flora & Martin Insurance of Roanoke are divisions of Scott Insurance.

Festival

FOOD WORLD Quality...Since 1917

California Strawberries Pint 89¢
Fresh Blueberries Pint 99¢
Hawaiian Pineapples 6 Count Ea. 1.99
Hawaiian Papayas 7 Count Ea. 1.49
Sweet Watermelons As Low As 2.49
Carolina Peaches Lb. 59¢

SAVE BIG 16 Oz. 8 Pk. Pepsi Cola Diet Pepsi Mt. Dew Plus Deposit 1.29
SAVE 20¢ Food World Ice Cream Half Gallon Assorted Flavors 1.19
SAVE BIG Cake Mixes Duncan Hines 18½ Oz. Box 79¢
SAVE 20¢ Coronet Bath Tissue 8 Roll Pack 1.69
SAVE BIG Scott Towels Paper Big Roll 69¢

Offer good through July 17, 1983 in Appomattox Food World's Only!

Spray & Wash Tekize, 22 Oz. Can 1.59
Instant Nestea 2 Oz. Jar 1.65
Instant Nestea With Lemon and Sugar Mix, 10 Oz. Jar 99¢
Lipton Tea Instant, 1 Oz. Jar 99¢
Lemon Juice Minute Maid, 7 Oz. Bottle 89¢
Lipton Iced Tea Mix With Lemon and Sugar 32 Oz. Can 2.59
Blue Bonnet Margarine Quarters 16 Oz., Regular 55¢
Margarine Reischmann 16 Oz., Regular, Quarters 1.09
Ore-Ida Tater Tots 32 Oz. Bag 1.49
Banquet Buffets Turkey, Salisbury Steak, Chicken & Dumplings 32 Oz. Box 1.59
Mrs. Filberts Spread 32 Oz. Bowl 1.19
Light Spread Reitchmann, 16 Oz. 1.09
Economy Waffles Downyflake, 19 Oz. Bag 1.29
Layer Cake Pepperidge Farm, 17 Oz. Box 1.79
Aunt Jemima Waffles Original or Buttermilk 10 Oz. Pkg. 93¢
4 Little Pizzas Chef BoyArDee, 11 Oz. Box Pepperoni or Sausage 1.49
Chef BoyArDee Pizzas Pepperoni, Cheese, Sausage, Ham 10 Oz. Box 1.09
Kleenex Tissue Assorted, 280 Count 1.09
Glad Wrap 100 Feet 79¢
Garbage Bags Glad Medium, 20 Count 1.39
Kitchen Bags Glad Large, 30 CGunt 2.29
Trash Bags Glad Family Pack, 20 Count 2.49

SAVE 71¢ 84 Oz. Fab Detergent 50¢ Off Label 2.79
SAVE 38¢ Palmolive For Dishes 32 Oz. Detergent 30¢ Off Label 1.49
SAVE 16¢ Star Kist Tuna Chunk Light Meat, In Water or Oil 6½ Oz. Can 69¢
SAVE 20¢ Duke's Mayonnaise 32 Oz. Jar Creamy 99¢
SAVE BIG Kraft BBQ Sauce Plain, Hot, Smoked, Or Onion, 18 Oz. 79¢

Food World Sells At The Lowest Possible Prices Everyday Of The Week!

Natural Light Beer Six 12 Oz. Cans 2.09
SAVE 21¢ Food World Biscuits Butter Me Nots 9.5 Oz. 33¢
SAVE BIG Orange Juice Food World 100% Pure Florida 64 Oz. Carton 99¢

The FOOD WORLD BAKERY...home of freshness
Coconut Bar Cake 4 Layer Beautiful & Delicious Save 40¢ Just 2.19
Chocolate Cream Pie Save 1.00 Just 1.59

Food fest slated

Food lovers attending the second annual Virginia Food Festival next month not only will be able to eat their fill of a wide variety of Virginia produced foods, they'll take home a handsome 24-page booklet filled with food festival recipes and outdoor cooking tips they can use at home throughout the outdoor cooking season.

The publication was prepared by the Virginia Department of Agriculture and Consumer Services in cooperation with the Virginia Agribusiness Council and ten participating agricultural commodity organizations. The festival has been declared by Gov. Charles S. Robb and Secretary of Commerce and Resources Betty J. Diener to be an official event of the state's "We Have It Made In Virginia" promotional campaign which will be kicked off officially at the State Fair in September.

The Virginia Food Festival is scheduled at the fairgrounds on August 10 from 4 to 8 p.m.

The festival mini-cookbook features recipes for barbecued beef and beef barbecue sauce; barbecued Boston (pork) butts and Southern style pit-cooked pork barbecue and pan-fried and simmered sausage burgers; barbecued chicken fryer halves and quarters and poultry barbecue sauce; steamed or boiled blue crabs, Commonwealth claim chowder and fisharoni salad; roasted veal hindquarters and veal stew, basic egg crepes, French vanilla and country style vanilla ice cream, recipes for raw Virginia-type peanuts and for canning or freezing apple slices.

Add to these food dishes several turkey deli products, apple filled crepes a la mode topped with roasted Virginia peanuts, toasted soybeans and cole slaw and you begin to get some idea of what's in store for festival goers, said Stanley O. Forbes, Charlottesville, Festival co-chairman.

He said these commodity organizations will engage in friendly competition for the food lover's appetite at this gala summer outing: Virginia State Apple Commission, Virginia Cattlemen's Association, Virginia State

(Continued on page 12)

JULY